

## CLEAN AND CLEAR: Week - 1

*A heart at peace gives life to the body, but envy rots the bones. Proverbs 14:30*

ENVY: \_\_\_\_\_ God's goodness in other's lives.  
\_\_\_\_\_ God's goodness in our own lives.

*Haman told them about his vast wealth, his many sons, and all the ways the king had honored him... 'And that's not all,' Haman added. 'I'm the only person Queen Esther invited to accompany the king to the banquet ...But all this gives me no satisfaction as long as I see that Jew Mordecai sitting at the king's gate.'* Esther 5:11-13

### THE PROBLEMS WITH ENVY

#### • ENVY \_\_\_\_\_ RELATIONSHIPS.

*For where you have envy...there you find disorder and every evil practice. James 3:16*

#### • ENVY \_\_\_\_\_ LIFE.

*When Rachel saw that she was not bearing Jacob any children, she became jealous of her sister. So she said to Jacob, 'Give me children, or I'll die!' Genesis 30:1*

### ENVY'S BEST FRIENDS

- \_\_\_\_\_

*Saul was very angry... 'They have credited David with tens of thousands...but me with only thousands...' And from that time on Saul kept a jealous eye on David. 1 Samuel 18:8-9*

### WITH WHOM OR WHAT DO YOU MOST OFTEN COMPARE?

\_\_\_\_\_

- \_\_\_\_\_

*Do everything without complaining or arguing... Philippians 2:14*

### WHAT DO YOU MOST OFTEN COMPLAIN ABOUT?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

### GOD, CLEAN AND CLEAR

### MY HEART WITH \_\_\_\_\_.

*I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do everything through him who gives me strength. Philippians 4:12-13*

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