

TRAVEL LIGHT—2
LETTING GO OF DISTRACTIONS

- Distraction: a _____ apart, separating, a drawing of the mind in different directions.
- The devil doesn't need to _____ you if he can _____ you.

As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. ³⁹ She had a sister called Mary, who sat at the Lord's feet listening to what he said. ⁴⁰ But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" ⁴¹ "Martha, Martha," the Lord answered, "you are worried and upset about many things, ⁴² but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her." Luke 10:38-42

- So often the most difficult choices aren't between good and bad but between good and _____.

CHOOSING WHAT IS BETTER

- 1) Diminish the _____.

I am saying this for your benefit, not to place restrictions on you. I want you to do whatever will help you serve the Lord best, with as few distractions as possible. 1 Corinthians 7:35 NLT

- 2) Focus on the _____.

Set your gaze on the path before you. With fixed purpose, looking straight ahead, ignore life's distractions. Proverbs 4:25 TPT

- 3) Listen to the _____ of _____.

And your ears shall hear a word behind you, saying, "This is the way, walk in it," when you turn to the right or when you turn to the left. Isaiah 30:21 ESV